



Kelley Wilks

Massage Therapist

Education

BA communications - Advertising 1986, Graduate Studies - Ceramics 1993-1997
Licensed Massage Therapist 2010, ICF Certified Life Coach 2015

Certifications

Hot Stones, Geriatric Massage, Temple Style LomiLomi, ICF Certified Life Coach, Certified Hypnotist

About Me

One of my mottoes for life is “ripples”. Something as simple as a smile can make someone’s day, then maybe they smile, and it spreads. I know at our core we are meant to be whole, and I love to help others understand, believe and become more whole through my massage and coaching. My basic massage is relaxingly slow and firm with a mix of Swedish, LomiLomi and Stones. And I bring in lighter or deeper along with light stretches as needed for a unique experience each time and for each person. Geriatric and Lymph informed.

Personal Interests

I grew up in Fayetteville and as an adult move away periodically only to return. Even though there is a huge world out there to explore, there is something special here in NWA. I have also lived in DFW a couple times and Santa Fe, but not sure what’s next. I’ve also traveled extensively. I owned a regional pottery supply business and started the annual Empty Bowls Fundraiser to benefit LifeSource in Fayetteville prior to fully realizing my healing talents. I am a creative, connector and a healer at my core and am happiest in nature, learning, traveling, hiking or just sitting on a boulder.

Specialties

- Swedish Massage
- Hot Stones
- Prenatal Massage

Schedule

Tuesday & Thursday 2:30pm – 7:00pm

Most Sundays 11:00am – 4:00pm

**Walton Family
Whole Health & Fitness**